



NEED MONEY?

If you participate in LPR's health insurance you could be getting a \$125 discount on your premium.

Get a **PHYSICAL** with a Cigna participating physician. Submit the completed Wellness Visit Validation Form.

Note: if your spouse is covered by the health insurance – they too will need to get a physical for the premium discount to apply.

REQUIREMENTS

PROCESS

- Log on to myCigna.com
- Click on the Find A Doctor tab
- Type in your search location and click Search
- In the Specialty column click on Primary Care
Family Practice
General Practice
Internal Medicine
- Click Apply
- Pick a doctor from the list and make an appointment for a physical
- Print out and complete the Patient Section of the Wellness Visit Validation Form

- You've completed your physical
- You've gotten the Wellness Visit Validation Form signed by the doctor
- You've emailed your Wellness Visit Validation Form to Marissa at mmartz@lprconstruction.com. You can also hand deliver your form or have your site administrator submit the form for you
- The premium discount will start the beginning of the month after receipt of the completed validation form

